



The CG-B Recreation Department has three upcoming American Red Cross offerings to be held in the month of January: Basic Babysitting, Lifeguard Training, and Adult CPR. All opportunities will be instructed by Patti Hinze. Course details and descriptions below.

LIFEGUARD TRAINING

Are you interested in becoming a lifeguard? You will learn concepts of responsibility, work ethic, leadership and approachability that will prepare you for a job as a lifeguard. The American Red Cross Lifeguard course will cover the knowledge and skills to get your lifeguard, CPR and first aid certifications. Successful completion of the course earns you a 2-year, nationally recognized certification in Lifeguarding/First-Aid.

Attendance at both classes is mandatory.

DATE(S): Saturday, January 26, February 2 8am – 2pm
LOCATION: Cedar Grove-Belgium Middle School Pool
FEE: \$205
CLASS SIZE: Minimum of 6 / Maximum of 10

BASIC BABYSITTING

The American Red Cross Babysitter's Training class designed for features an exciting activity-based format. The class is perfect for any boy or girl age 11 and above, who is interested in babysitting. The class addresses safety issues, preventing injuries, child care, first aid, decision making skills, age-appropriate behavior and play. Students must attend the full class to successfully pass the course. ***Class will consist of two Saturday morning sessions.***

Note: Please bring a notebook, pen, snack and a drink

DATES: Saturday, January 12th & 19th 8am – Noon
LOCATION: Cedar Grove-Belgium Middle School Library
COST: \$65
CLASS SIZE: Minimum of 6 / Maximum of 12

ADULT CPR

Ages 18 and over. Are you prepared to keep your home and workplace safe? This program will help ensure safety and a chance to become certified. Includes hands-on-skills training preparing you to respond to breathing and cardiac emergencies. **Need proof of certification for recertification. Must pass tests and practical skills with 80% or higher to be certified. Certification is valid for 2 years. Registration deadline is one week prior to class. An email will be sent prior to the class date with details of class requirements/prerequisites. All booklets for the Cedar Grove-Belgium Recreation Department Red Cross Programs will be online and should be read before class.

DATE: Thursday, January 31st 6pm – 9pm
LOCATION: Cedar Grove-Belgium Middle School Library
COST: \$65
CLASS SIZE: Minimum of 6 / Maximum of 12





CEDAR GROVE-BELGIUM RECREATION DEPARTMENT

321 N. Second Street

Cedar Grove, WI 53013

sparsons@cgbrockets.com

920-668-8686 ext 530

NAME (person filling out form) _____

ADDRESS _____

CITY _____ STATE _____

ZIP _____

PHONE _____

EMAIL _____

<i>PARTICIPANT NAME</i>	<i>AGE</i>	<i>PROGRAM</i>	<i>FEE</i>

**We will confirm your registration upon receipt.
You may mail or drop off at CG-B High School Office
Checks payable to: CGBSD**

**Lifeguard Training
Basic Babysitting
Adult CPR**

**January 26 and February 2 (2 session course 8am-2pm)
January 12 and January 19 (2 session course: 8am-Noon)
January 31 (6pm - 9pm)**