



\*Only 9 Cycles available each session.  
Register soon to reserve your spot!\*

# CEDAR GROVE-BELGIUM

## Indoor Cycling Registration

### July and August 2019

Location: Cedar Grove-Belgium Fitness Center

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email address: \_\_\_\_\_

**Class Selection:** (please check all boxes that apply)

#### **SESSION FEE:**

This fee reserves your cycle  
for the session(s)

**MONDAY 5:20-6:05 a.m.** \$24.00  
9 Sessions: July 1, 8, 15, 22, 29 August 5, 12, 19 and 26

**WEDNESDAY 5:20-6:05 a.m.** \$24.00  
9 Sessions: July 3, 10, 17, 24, 31 August 7, 14, 21 and 28

**FRIDAY 5:20-6:05 a.m.** \$22.00  
8 Sessions: July 12, 19, 26 August 2, 9, 16, 23 and 30

\*\*Please remember to bring a water  
bottle and a towel to each session.\*\*

Reserve 3 Sessions- Pay \$63.00  
Reserve 2 Sessions--Pay \$42.00

**Drop-in Fees for Cycles are:** \$3.00 per class **if** there are cycles available. It is best to reserve your cycle by registering to avoid disappointment.

**PAYMENT DETAILS** (payment must accompany registration form to be guaranteed a cycle):

Total enclosed: \$ \_\_\_\_\_  Check # \_\_\_\_\_  Cash

**SUBJECT to CHANGE – Minimum number to run a class is 6 Participants Registered.**

**You will receive a confirmation email of your reservation and class status.**

**Please pay Registration & Payment at Cedar Grove-Belgium High School Office  
or at the CG-B Fitness Center.**

Questions? Contact Scott Parsons, Fitness Center Coordinator -- (920) 668-8686 ext 530  
or send an email to: [sparsons@cgbroquets.com](mailto:sparsons@cgbroquets.com)

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